



BREAKFAST

served until 11am

Smoky Bacon, Egg, Cheddar Cheese on a Croissant	6.25
Breakfast Sausage, Egg, Cheddar Cheese on a Croissant	5.95
Country Ham, Egg, Cheddar Cheese on a Bagel	6.50

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Crustless Quiche Bites (VG)	5.75
Fruit, Yogurt & Granola Parfait	5.95
Plain Bagel with Butter or Cream Cheese	3.25
Muffins: Chocolate Chip, Blueberry or Orange Cranberry	3.75
Overnight Oats: Apple, Cinnamon, Golden Raisins, Honey, Almond Milk.....	5.50
Croissant	3.25
Chocolate Croissant	3.50
Piece of Fruit (Banana, Orange, Apple)	1.25

SNACKS

INDIVIDUALLY PACKAGED CHIPS AND POPCORN.....	2.95
Deep River Kettle Chips BBQ, Sour Cream and Onion, Salt and vinegar	
Smartfood Popcorn White Cheddar	
COOKIE	3.25
Chocolate Chip or Oatmeal Raisin	
TRAIL MIX	2.50
Fruit and Nut or Nuts and Chocolate	
PEANUTS	1.50
HONEY ROASTED CASHEWS	4.25



COFFEE etc.

served all day

• ESPRESSO DRINKS •

Hot or Iced

Espresso	1 shot	3.00 / 2 shots	4.00
Americano	Med.	3.50 / Lg.	4.50
Cappuccino	Med.	3.65 / Lg.	4.60
Cafe Latte	Med.	3.50 / Lg.	4.50
Vanilla Bean Latte	Med.	4.50 / Lg.	5.50
Caramel Macchiato	Med.	4.50 / Lg.	5.50
Mocha Milano Latte	Med.	4.50 / Lg.	5.50

• COFFEE & TEA •

Light Roast Coffee	Med.	2.00 / Lg.	2.50
Dark Roast Coffee	Med.	2.00 / Lg.	2.50
Decaffeinated Coffee	Med.	2.00 / Lg.	2.50
Iced Coffee	Med.	2.95 / Lg.	3.50
Cold Brew	Med.	3.50 / Lg.	4.00
Iced Tea	Med.	2.50 / Lg.	3.25
Steep by Bigelow			2.00
Chai Latte (Hot or Iced)	Med.	4.75 / Lg.	5.25
Matcha Latte (Hot or Iced)	Med.	4.75 / Lg.	5.25

• ADD ONS •

Extra Shot of Espresso	1.00
Add Flavor Shot	0.75
Specialty Milk (Oat, Almond)	0.90

LUNCH

served until 3:30pm



• SANDWICHES •

AVAILABLE COLD OR TOASTED

Chicken, Cranberry and Walnut Salad on a Croissant	7.95
Egg Salad Sandwich on a Croissant	7.50/Side 4.75
Chicken, Bacon, Cheddar Cheese, BBQ and Ranch on Ciabatta	8.25
Oven Roasted Turkey and Cheddar Cheese on Ciabatta	8.95
Country Style Ham and Swiss on Sourdough	8.75

• SALADS •

CHOICE OF CAESAR, WHITE BALSAMIC OR RANCH

Caesar Salad Romaine, Grated Pecorino, Roasted Garlic Croutons, Shaved Parmesan	5.95
House Salad Mixed Greens, Carrots, Cucumbers, Tomatoes	5.95
Cobb Salad Chicken, Bacon, Egg, Cucumber, Tomato, Gorgonzola, Avocado, Iceberg and Romaine	15.95
Add Chicken •	7.00

• SMOOTHIES •

Strawberry Banana	Med. 5.00 / Lg. 6.50
Pineapple Paradise.....	Med. 5.00 / Lg. 6.50

• SOUPS •

Broccoli Cheddar	Cup 4.95 / Bowl 6.75
Soup du Jour	MKT

• BOTTLED DRINKS •

Pepsi / Diet Pepsi / Mountain Dew / Sprite	2.95
Essentia Water	3.25
Saratoga Water	1.75
Red Bull	2.85
Regular / Sugar Free / Watermelon / Tropical Lemon Lime Gatorade	2.95
Dr. Brew Kombucha: Island Mango	5.50
Polar Seltzer	2.25
Plain / Red Grapefruit / Black Cherry / Mandarin Nantucket Nectars	2.45
Big Cranberry / Orange / Apple	